Hasil Analisis SPSS Tryout  
Skala Regulasi Emosi

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .831 | 40 |

| **Item-Total Statistics** | | | | |
| --- | --- | --- | --- | --- |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 123.3200 | 64.059 | .240 | .829 |
| VAR00002 | 123.3800 | 64.608 | .162 | .831 |
| VAR00003 | 123.2400 | 65.043 | .083 | .833 |
| VAR00004 | 123.3000 | 63.847 | .210 | .830 |
| VAR00005 | 123.4600 | 64.907 | .113 | .832 |
| VAR00006 | 123.4400 | 62.904 | .340 | .826 |
| VAR00007 | 123.4200 | 64.289 | .202 | .830 |
| VAR00008 | 123.4600 | 62.539 | .448 | .824 |
| VAR00009 | 123.3400 | 66.066 | -.046 | .834 |
| VAR00010 | 123.4600 | 63.845 | .353 | .827 |
| VAR00011 | 123.2400 | 62.349 | .435 | .824 |
| VAR00012 | 123.4000 | 62.122 | .332 | .827 |
| VAR00013 | 123.2200 | 62.665 | .351 | .826 |
| VAR00014 | 123.4400 | 63.313 | .264 | .828 |
| VAR00015 | 123.3000 | 64.786 | .129 | .831 |
| VAR00016 | 123.2600 | 65.013 | .105 | .832 |
| VAR00017 | 123.3000 | 62.949 | .238 | .830 |
| VAR00018 | 122.9400 | 64.180 | .186 | .830 |
| VAR00019 | 122.9400 | 61.568 | .445 | .823 |
| VAR00020 | 123.3200 | 61.814 | .431 | .824 |
| VAR00021 | 123.1200 | 61.455 | .385 | .825 |
| VAR00022 | 123.3200 | 62.140 | .322 | .827 |
| VAR00023 | 123.2400 | 63.084 | .337 | .827 |
| VAR00024 | 123.5800 | 61.147 | .293 | .829 |
| VAR00025 | 123.5400 | 61.396 | .413 | .824 |
| VAR00026 | 123.4600 | 59.151 | .585 | .818 |
| VAR00027 | 123.2600 | 61.135 | .425 | .824 |
| VAR00028 | 123.3400 | 61.494 | .418 | .824 |
| VAR00029 | 123.2200 | 60.910 | .525 | .821 |
| VAR00030 | 123.4800 | 60.418 | .500 | .821 |
| VAR00031 | 123.4400 | 62.415 | .320 | .827 |
| VAR00032 | 123.4000 | 60.000 | .550 | .819 |
| VAR00033 | 123.1600 | 61.851 | .400 | .825 |
| VAR00034 | 123.5200 | 63.275 | .152 | .834 |
| VAR00035 | 123.1200 | 65.414 | .011 | .836 |
| VAR00036 | 123.4400 | 62.904 | .340 | .826 |
| VAR00037 | 123.4200 | 64.289 | .202 | .830 |
| VAR00038 | 123.4600 | 62.539 | .448 | .824 |
| VAR00039 | 123.3400 | 66.066 | -.046 | .834 |
| VAR00040 | 123.4600 | 63.845 | .353 | .827 |

Aitem Gugur (0.25) : 1,2,3,4,5,7,9,15,16,17,18,34,35,37,39

Reliabilitas Setelah Aitem Gugur Dihilangkan

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .860 | 25 |

Skala Stres Akademik

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .843 | 25 |

| **Item-Total Statistics** | | | | |
| --- | --- | --- | --- | --- |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 76.2400 | 43.533 | .418 | .836 |
| VAR00002 | 75.8800 | 45.169 | .335 | .839 |
| VAR00003 | 75.8800 | 43.332 | .528 | .833 |
| VAR00004 | 76.2600 | 43.258 | .558 | .832 |
| VAR00005 | 76.0600 | 42.262 | .574 | .830 |
| VAR00006 | 76.2600 | 42.645 | .533 | .832 |
| VAR00007 | 76.1800 | 44.232 | .496 | .835 |
| VAR00008 | 76.5200 | 42.214 | .412 | .838 |
| VAR00009 | 76.4800 | 42.949 | .518 | .833 |
| VAR00010 | 76.4000 | 41.224 | .665 | .826 |
| VAR00011 | 76.2000 | 42.286 | .581 | .830 |
| VAR00012 | 76.2800 | 43.104 | .517 | .833 |
| VAR00013 | 76.1600 | 42.790 | .609 | .830 |
| VAR00014 | 76.4200 | 41.759 | .650 | .827 |
| VAR00015 | 76.3800 | 43.996 | .401 | .837 |
| VAR00016 | 76.3400 | 41.372 | .708 | .825 |
| VAR00017 | 76.1000 | 44.255 | .390 | .838 |
| VAR00018 | 76.4600 | 44.784 | .202 | .847 |
| VAR00019 | 76.0600 | 46.751 | .060 | .850 |
| VAR00020 | 76.3800 | 47.628 | -.030 | .850 |
| VAR00021 | 76.3600 | 48.521 | -.168 | .852 |
| VAR00022 | 76.4000 | 46.694 | .127 | .845 |
| VAR00023 | 76.2800 | 48.940 | -.270 | .853 |
| VAR00024 | 76.4000 | 46.367 | .252 | .842 |
| VAR00025 | 76.1800 | 45.661 | .271 | .841 |

Aitem Gugur (0.25) : 18,19,20,21,22,23

Reliabilitas Setelah Aitem Gugur Dihilangkan

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .892 | 19 |